DRUG DETERMINATION POLICY

Title: DDP-27 Specialty Allergic and Asthma Agents

Effective Date: 11/05/2019

Physicians Health Plan
PHP Insurance Company
PHP Service Company

Important Information - Please Read Before Using This Policy

The following policy applies to health benefit plans administered by PHP and may not be covered by all PHP plans. Please refer to the member's benefit document for specific coverage information. If there is a difference between this general information and the member's benefit document, the member's benefit document will be used to determine coverage. For example, a member's benefit document may contain a specific exclusion related to a topic addressed in a coverage policy.

Benefit determinations for individual requests require consideration of:

1. The terms of the applicable benefit document in effect on the date of service.
2. Any applicable laws and regulations.
3. Any relevant collateral source materials including coverage policies.
4. The specific facts of the particular situation.

Contact PHP Customer Service to discuss plan benefits more specifically.

1.0 Policy:

This policy describes the determination process for coverage of specific drugs.

This policy does not guarantee or approve benefits. Coverage depends on the specific benefit plan. Drug Determination Policies are not recommendations for treatment and should not be used as treatment guidelines.

2.0 Background or Purpose:

Specialty allergic and asthma agents are specialty drugs indicated for specific diagnoses and are associated with some toxicity. These criteria were developed and implemented to ensure appropriate use of first line conventional therapy as well as use for the appropriate severity of disease.

3.0 Clinical Determination Guidelines:
Document the following with chart notes:

A. Moderate to severe persistent allergic asthma (all below):

1. Age: at least 12 years.

2. Diagnosis and severity:

   a. Moderate-severe persistent asthma for over one year duration.

   b. Allergic component:

   - Skin prick: positive immediate responses to at least one allergen (dust mite, cockroach, dog or cat).

   - Total Serum IgE: at least 30 to less than or equal to 700 IU/mL.

   c. Pulmonary function test (PFT): historical PFT that confirms diagnosis of asthma.

d. Asthma status: two asthma exacerbations that required treatment with systemic corticosteroids or emergency department visits or hospitalization for asthma in the last year.

3. Other therapies: contraindicated, failed or had significant adverse effects to all of the below:

   a. Inhaled corticosteroids (ICS) with long acting beta agonist (LABA): three months' current use of high dose ICS with LABA.

   b. Systemic steroids: intermittent oral or parenteral steroids use to control asthma symptoms.

   c. Compliance: documentation of compliance to asthma medication regimen.

4. Dosage regimen: add on therapy.

   a. Xolair (omalizumab): (see Appendices Ia and b.)

5. Approval.

   a. Initial: six months.

   b. Re-approval: six months to one year (one below):

      i. Decreased use of rescue meds.

      ii. Decreased exacerbations.

      iii. Increased FEV1 from pre-treatment baseline.

      iv. Reduced symptoms: coughing, fatigue, shortness of breath (SOB), sleep disturbances, or wheezing.

B. Severe Eosinophilic Asthma

1. Age:

   a. Nucala (mepolizumab), Fasenra (benralizumab) and Dupixent (dupilumab): <u>at least</u> 12 years.

   b. Cinqair (reslizumab IV): at least 18 years.

2. Diagnosis and severity.

   a. Severe Eosinophilic Asthma.

   b. Blood eosinophil count: at least 150 cells/uL at start of treatment OR at least 300 cells/uL in prior 12 months. *(Note: 1 microliter [uL] = 1 cubic millimeter [mm^3]).*

   c. Pulmonary Function Test: FEV_1 less than 80% predicted and FEV_1 reversibility at least 12% after albuterol.

   d. Asthma Status: two asthma exacerbations that required treatment with systemic corticosteroids or emergency department visits or hospitalization for asthma in the last year.

3. Other therapies: uncontrolled symptoms despite trial of both regimens below (one current below):

    a. Six months inhaled corticosteroid (ICS) plus three months LABA.

    b. Three months ICS plus three months daily oral steroids plus three months LABA.

4. Dosage regimen: add on therapy.

    a. Nucala SC (mepolizumab): 100mg every four weeks.

    b. Cinqair IV (reslizumab: 3mg per Kg IV every four weeks.

    c. Fasenra SC (benralizumab): 30mg every weeks times three, then every eight weeks.

    d. Dupixent SC (dupilumab):

        i. Moderate to severe asthma: 400mg initially, then 200 every two weeks

        ii. Oral corticosteroid dependent asthma or with moderate to severe atopic dermatitis: 600mg initially, then 300mg every two weeks.

5. Approval.

    a. Initial: six months.

    b. Re-approval: six months to one year (one below):

        i. Decreased use of rescue meds.

        ii. Decreased exacerbations.

        iii. Increased FEV1 from pre-treatment baseline,.

        iv. Reduced asthma symptoms: coughing, fatigue, SOB, sleep disturbances, or wheezing.

C. Moderate to Severe Chronic Idiopathic Urticaria (CIU).

1. Age: at least 12 years.

2. Diagnosis and severity: moderate to severe CIU for one year.

    a. Urticaria activity score (UAS): at least 28 (see Appendix IV).

3. Other therapies (see Appendix III): contraindicated, failed (continued hives with itching) or had significant adverse effects (all the below):

    a. First line: non-sedating H1 antihistamines for two weeks (two agents).

    b. Second line: max dose non-sedating H1 antihistamines for one to four weeks.

    c. Add to second line: cyclosporine or montelukast.

4. Dosage regimen:

a. Xolair (omalizumab SC): 150 to 300mg every four weeks (not dependent on serum IgE or weight).

5. Approval.

a. Initial: six months.

b. Re-approval: six months to one year; decreased hives (reduction in UAS).

D. Chronic rhinosinusitis with nasal polyps.

1. Age: at least 18 years.

2. Diagnosis and severity (all below):

a. Mucosal inflammation: moderate to severe.

b. Symptoms (at least 12 weeks) (two below):

i. Decreased or loss of smell.

ii. Nasal obstruction.

iii. Mucopurulent rhinorrhea.

iv. Facial pressure, pain, fullness.

c. Polyps: confirmed by direct examination, endoscopy or sinus CT scan.

3. Other therapies: contraindicated, failed or had significant side effects (all below)
:

a. Initial (both below):

i. Oral corticosteroids for 10 to 15 days within the last two years.

ii. Current infection: treated with antibiotics.

b. Maintenance (both below):

i. Intranasal corticosteroids: six months.

ii. Anti-leukotrienes plus intranasal corticosteroids: three months.

c. Surgery: primary or revision endoscopic sinus surgery.

4. Dosage regimen: Dupixent SC (dupilumab): 300mg every two weeks.

5. Approval:

a. Initial: six months.

b. Re-approval: six months to one year (reduction of symptoms and polyps number and/or size).

4.0 Coding:

AFFECTED CODES				
Code	**Brand Name**	**Generic Name**	**Billing (1 unit)**	**Prior Approval**
J2357	Xolair	omalizumab	5mg	Y
J2182	Nucala	mepolizumab	1mg	Y
J2786	Cinqair	reslizumab	1mg	Y
C9466	Fasenra	benralizumab	1mg	Y
J3490	Dupixent	dupilumab	NA	Y

5.0 References, Citations & Resources:

1. Update on optimal use of omalizumab in management of asthma. Journal of Allergy and Clinical Immunology.2001:108(2):184-90.
2. Omalizumab for the treatment of chronic idiopathic or spontaneous Urticaria. N Engl J Med 2013:368(10); 924-35.
3. A randomized, placebo-controlled, dose-ranging study of a single-dose omalizumab in patients with H1-antihistamine-refractory chronic idiopathic urticarial. J Allergy Clin Immunol 2011:128(3):567-73.
4. EAACI/GA^{2}LEN/EDF/WAO guidelines: Management of urticarial. Allergy 2009:64(10):1417-43.
5. EAACI/GA^{2}LEN/EDF/WAO guidelines for the definition, classification, diagnosis and management of urticarial: the 2013 revision and update. Allergy 2014:69(7):868-887.
6. Lexicomp Online® Lexi-Drugs®, Hudson, Ohio: Lexi-Comp, Inc.; Xolair, Nucala, Cinqair, Fasenra, Dupixent, accessed October 2019.
7. The Urticaria Activity Score (UAS), http://www.gpnotebook.co.uk/simplepage.cfm?ID=x20150614174531231819, accessed August 2017.

6.0 Appendices:

Appendix Ia: SC Xolair Doses Every 4 weeks for Patients >12 years old with Asthma

Pretreatment Serum IgE	**Body Weight**			
	30-60 Kg	**>60-70 Kg**	**>70-90 Kg**	**>90-150 Kg**
≥30-100 IU/mL	150mg	150mg	150mg	300mg
>100-200 IU/mL	300mg	300mg	300mg	
>200-300 IU/mL	300mg			
>300-400 IU/mL		**See Table Ib**		
>400-500 IU/mL				
>500-600 IU/mL				

Appendix Ib: SC Xolair Doses Every 2 Weeks for Patients >12 yo with Asthma

Pretreatment Serum IgE	**Body Weight**			
	30-60 Kg	**>60-70 Kg**	**>70-90 Kg**	**>90-150 Kg**
≥30-100 IU/mL		**See Table Ia**		
>100-200 IU/mL				
>200-300 IU/mL		225mg	225mg	225mg
>300-400 IU/mL	225mg	225mg	300mg	300mg
>400-500 IU/mL	300mg	300mg	375mg	
>500-600 IU/mL	300mg	375mg	**See Table Ia**	
>600-700 IU/mL	375mg			

Appendix II: Monitoring & Patient Safety

Drug	Adverse Reactions	Monitoring	REMS
Xolair omalizumab SC	• Dermatology: injection site reactions (45%; severe – 12%)) • Pregnancy: IgG monoclonal antibodies expected to cross placenta in 3rd trimester	• Asthma severity: FEV_1, Peak flow &/or PFT • Injection site rx: monitor post infusion (most occur ≤1 hr.) • Infections: signs & symptoms (S & Sx)	Med Guide: Dispensed w drug
Nucala mepolizumab SC	• Central Nervous System (CNS): headache (HA) (19%) • Pregnancy: IgG monoclonal antibodies expected to cross placenta in 3rd trimester	• Asthma severity: FEV_1, Peak flow &/or PFT, use of beta agonist	Not needed
Cinqair reslizumab IV	• Musculoskeletal (MSK): ↑Cr phosphokinase (20% transient) • Pregnancy: IgG monoclonal antibodies expected to cross placenta in 3rd trimester	• Anaphylaxis: during & post infusion) • Asthma severity: FEV_1, Peak flow &/or PFT • Infection: S & sx	Not needed
Fasenra benralizumab SC	• Immunological: antibody development (12-13%) • Pregnancy: IgG monoclonal antibodies expected to cross placenta in 3rd trimester	• Anaphylaxis: during & post infusion) • Asthma severity: FEV_1, peak flow &/or PFT • Infection: S & sx	Not needed
Dupixent dupilumab SC	• Local: injection site rx (10%) • Ophthalmology: conjunctivitis (10%)	• Asthma severity: PFT • Hypersensitivity • Ophthalmology: ocular effects	None needed

Appendix III: Recommended treatment algorithm for chronic urticaria

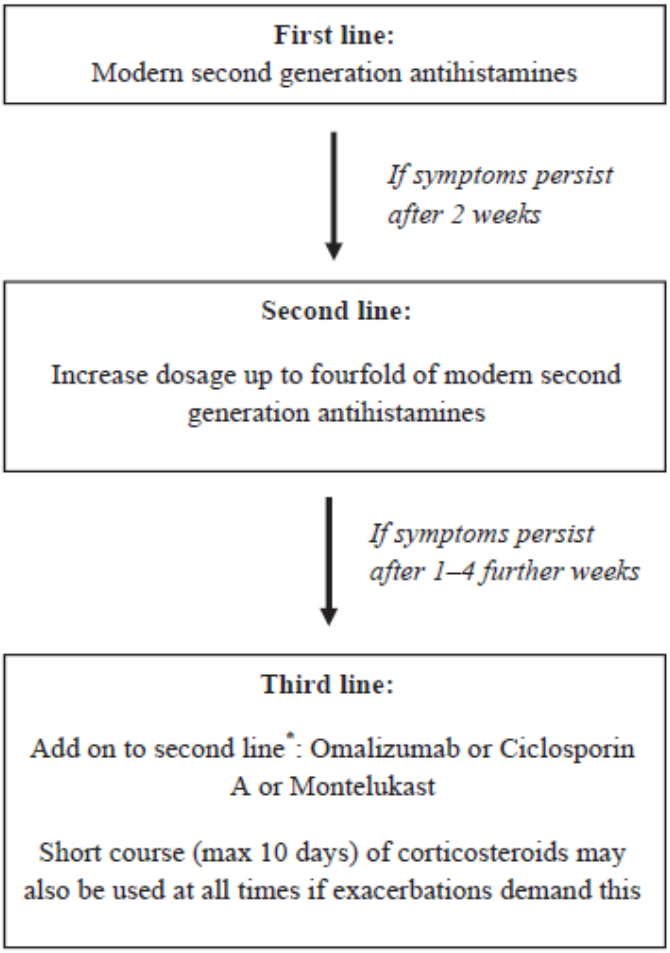

Figure 2 Recommended treatment algorithm for urticaria. *The order of third-line treatments does not reflect preference. *First line = High-quality evidence:* Low cost and worldwide availability (e.g., modern second-generation antihistamines exist also in developing countries mostly cheaper than old sedating Antihistamines), per daily dose as the half-life time is much longer, very good safety profile, good efficacy. *Second line = high-quality evidence:* Low cost, good safety profile, good efficacy. *Third line as add-on to AH. Ciclosporin A = High-quality evidence:* Medium to high cost, moderate safety profile, good efficacy. *Omalizumab = High-quality evidence:* High cost, very good safety profile, very good efficacy. *Montelukast = Low quality evidence:* Low cost, good safety, low efficacy. *Short course of corticosteroids = Low quality evidence:* Low cost, worldwide availability, good safety profile (for short course only), good efficacy during intake, but very low for lasting efficacy.

EAACI/GA^{2}LEN/EDF/WAO guidelines for the definition, classification, diagnosis and management of urticarial: the 2013 revision and update. Allergy 2014:69(7):868-887

Appendix IV: The Urticaria Activity Score (UAS)

The Urticaria Activity Score (UAS) is a composite score of itch severity and hive count

To assess disease severity in patients with chronic idiopathic urticaria (CIU), patients record the severity of their itch and the number of hives 2 times per day (AM AND PM)

Each component of the UAS is scored on a scale of 0 to 3; the 2 scores are added together for a daily total of 0 to 6

Daily scoring the urticaria activity score (UAS)

Score	Itch Severity	Number of Hives
0	None	None
1	Mild	1-6
2	Moderate	7-12
3	Severe	>12

The UAS7 is the sum of the average daily UAS over 7 days

After 7 days, average daily scores from the morning and evening assessments are added together

Values can range between 0 to 21 for weekly itch severity, and 0 to 21 for weekly hive count

The UAS7 ranges from 0 to 42

7.0 Revision History:

Original Effective Date: 05/03/2004

Next Review Date: 11/05/2020

Revision Date	Reason for Revision
7/19	Moved to new format
9/19	Replaced abbreviations, added Dupixent, added diagnosis of chronic rhinosinusitis with polys, clarified dosage, reformatted approval sections